



The Parks and Recreation Department's Youth Football League is for kids in grades 1-6. Participants in grades 1 and 2 will play Flag Football and participants in grades 3-6 will play Tackle Football. Use grade child is entering in Fall 2016. Registration deadline is July 22nd.

Registrations after this date will incur a \$15 late fee (no exceptions).

***NEW THIS YEAR---KIDS WILL MEET THEIR COACHES AND RECEIVE THEIR JERSEY ON THURSDAY, AUGUST 18TH***

***AT 6:30 P.M. AT ETTINGER FIELD*** (SSP HIGH SCHOOL VARSITY FIELD)

Special thank you to the SSP Lions Club for sponsoring youth football equipment purchases. Questions please call 651-366-6200.



# South St. Paul Park and Recreation Department

## Skills Week (Included in fee)

All youth football registrants will participate in a four day skills camp. Camp will be instructed by South St. Paul High School Varsity Football Head Coach Chad Sexauer and his staff. The three major components for the week will be specialized instruction of offensive and defensive positions, athletic movement and skills development. The last twenty minutes of each practice will be spent on games or football competitions. All participants will be fitted for a helmet and shoulder pads. All players are responsible for football pants, mouth guard, and rubber soled cleats. Players will be in full equipment Monday – Wednesday. Thursday camp – mouth guard, and rubber soled cleats. In case of rain skills camp will be canceled. Teams will be chosen on Monday August 15th. Coaches will notify each of their players by phone after the draft.

## Camp Dates: Aug. 8th-11th

**Time:** *Flag* (Gr. 1st & 2nd).....5:00-6:00 p.m.  
*Tackle* (Grades 3rd & 4th).....6:00-7:00 p.m.  
*Tackle* (Grades 5th & 6th ).....7:00-8:00 p.m.  
**Where:** Veterans Field - 1400 3rd St. No.  
**Structure:** August 8th-10th.....Offensive/Defensive Instruction  
August 11th.....Evaluation

## Flag Football (Gr. 1 & 2)

This program is for all kids entering 1st and 2nd grade in the fall of 2016. The flag football program emphasizes participation and sportsmanship. Flag football is a NON-CONTACT sport. Velcro flags are worn and pulled off for a “tackle”. Participants will need rubber soled cleats and a mouth guard.  
**Cost: \$60**



## Tackle Football (Gr. 3 - 6)

This program is for all kids entering grades 3 and 4 in the fall of 2016. Players are introduced to proper tackling and blocking techniques. At this level volunteer coaches will provide practices that will teach positional play, sportsmanship and the rules of the game. Each player will be provided with a helmet, jersey and shoulder pads. Player is responsible for pants, mouth guard and rubber soled cleats.  
**Cost: \$80**



***\*\*New this year, kids will meet their coaches and receive their jersey on Thursday, August 18th at 6:30 p.m. at Ettinger Field.***

**Equipment pickup: August 1st & 2nd from 6:00-7:00 p.m. at Veteran’s Field**

# YOUTH FLAG & TACKLE FOOTBALL



The Parks and Recreation Department's Youth Football League is for boys and girls in grades 1-6. Participants in grades 1 and 2 will play Flag Football and participants in grades 3-6 will play Tackle Football. Use grade child is entering in Fall 2016. Registration deadline is July 17th. Registrations after this date will incur a \$15 late fee (no exceptions). **Special thank you to the SSP Lions Club for sponsoring youth football equipment purchases.**

## Skills Week (Included in fee)

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**\*\*New this year, kids will meet their coaches and receive their jersey on Thursday Aug. 18th at 6:30 pm at Ettinger Field.\*\***

Camp Dates: August 8th - 11th

Time: Flag (Grades 1st & 2nd).....5:00-6:00 p.m.  
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Location: Veterans Field - 1400 3rd St. No.

Structure: August 8th-10th.....Offensive/Defensive Instruction  
August 11th.....Evaluation

**EQUIPMENT PICKUP DATES WILL BE  
AUGUST 1ST & 2ND FROM 6:00-7:00 P.M.  
AT VETERAN'S FIELD**

## Flag Football (Gr. 1 & 2)

This program is for all kids entering 1st and 2nd grade in the fall of 2016. The flag football program emphasizes participation and sportsmanship. Flag football is a NON-CONTACT sport. Velcro flags are worn and pulled off for a "tackle". Participants will need rubber soled cleats and a mouth guard.

**When: Tuesdays 6:00 p.m. / Saturdays 9:30 a.m.  
Cost: \$60**

## Tackle Football (Gr. 3 & 4)

This program is for all kids entering grades 3 and 4 in the fall of 2016. Players are introduced to proper tackling and blocking techniques. At this level volunteer coaches will provide practices that will teach positional play, sportsmanship and the rules of the game. Each player will be provided with a helmet, jersey and shoulder pads. Player is responsible for pants, mouth guard and rubber soled cleats.

**When: Thursdays 6:00 p.m. / Saturdays 10:30 a.m. or noon  
Cost: \$80**

## Tackle Football (Gr. 5 & 6)

This program is for all kids entering grades 5 and 6 in the fall of 2016. At this level volunteer coaches will provide proper football drills and techniques to advance youth to the next level. Each player will be provided with a helmet, jersey and shoulder pads. Player is responsible for pants, mouth guard and rubber soled cleats.

**When: Mondays 6:00 p.m. / Saturdays 10:30 a.m. or noon  
Cost \$80**

